



# TEAM SUFFOLK SWIM TEAM

Team Suffolk Swim Team is a member of United States Swimming, which sanctions the U.S. Olympic Team, as well as national and local swim meets our club participates in throughout the year.

*Home Team of Noah Cakir, Denise Phelan, Ben Cono, Jesse Gage & Terry Pruitt Olympic Trials Qualifiers*



**Come Join Us**  
**Sats. Sept. 14th & 21st.**

## *Competitive Swim*

## *Tryouts*

### *Ages 5 - 10yrs*



## **Where: HHH High School West Natatorium**

Half Hollow Hills High School – West  
Natatorium Building  
375 Wolf Hill Road Dix Hills, N.Y.  
(Right at Northern State Pky. Exit#41)

## **When: Sats. 9/14th & 9/21 5:00PM Fee: Complimentary**

Contact us at [www.info@tshills.org](http://www.info@tshills.org)

Or facebook at **Team Suffolk Swim Team**

Swimmer Should have Some basic knowledge of Freestyle, Be Comfortable in the Deep End of the Pool and be able to swim 1 complete lap of the 25meter pool without stopping .

**Team Suffolk Swim Team is a 501 3c Not for Profit, and is not a Half Hollow Hills District Program**

9/12/24